



# **I Pledge to Encourage My Child to Be Nicotine Free**

By signing below, I pledge to encourage my child to be tobacco and nicotine free.

I will talk with my child about the importance of not smoking, not vaping, or using smokeless tobacco, nicotine pouches or any other nicotine products.

I will respect my child, listen to them, and answer their questions.

**Signed**

**Date:**

